



Illinois Fire Service Institute First Responder Resiliency

State Resources



Illinois Fire Fighter Peer Support – 855-907-8776

www.ilffps.org

ILFFPS is a statewide peer support network that can connect firefighters/EMTs with trained peer supporters and referrals for therapist



RE;ACT – Lt. Ryan Elwood Awareness, Counseling and Training for First Responder – 708-797-3228

www.react4ryan.com



Rosecrance Florian Program – 888-928-5278

www.rosecranceflorian.org

The Rosecrance Florian Program is designed and staffed by active and retired First Responders/military which offers treatment for addictions and co-occurring issues.



Faith Based – Local Pastor/Chaplain or:

Chief Steve Gambrell - 217-433-4144

Firefighter/Chaplain Kevin Coffey – 815-457-2007

National Resources



Safe Call Now – 206-459-3020

www.safecallnow.org

A 24/7 helpline staffed by First Responders for First Responders and their family.



Share The Load – 888-731-3473

www.nvfc.org/programs/share-the-load-program

A 24/7 helpline run by the National Volunteer Fire Council. A 24/7 helpline staffed by First Responders for First Responders and their family.



National Suicide Prevention Lifeline – 800-273-8255

<https://suicidepreventionlifeline.org>

The Lifeline provide 24/7, free and confidential support for people in distress, prevention and crisis resources.



Veterans Crisis Line – 800-273-8255

www.veteranscrisisline.net

A helpline staffed by VA professionals and veterans to help in times of crisis.



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Law Enforcement Resources

Crisis Response Team (CRT) and Peer Support – (866)-535-1078

The Crisis Response Team (CRT) is available 24-hours per day, seven days a week to provide confidential peer support and information to officers who are in crisis due to any reason. Should a major incident occur, such as a shooting that involves a police officer, CRT will respond if called. If requested, CRT will also send a team member to assist the officer, family and department. If the incident involves a line of duty death, CRT can assist in the preparations of a law enforcement funeral.

Operation Shattered Star – (844)-507-8776

<https://operationshatteredstarsorg.wordpress.com/>

Operation Shattered Stars is a not-for-profit organization dedicated to educating and assisting members of the Law Enforcement community to be proactive in their mental health. They aim to inspire everyone about overcoming the harrowing effects the Law Enforcement profession can have on an individual. It is led by Police Officers, for Police Officers.

FOP Illinois State Lodge Chaplaincy Program – (217) 726-8880

The chaplain provides services as requested and all information is kept confidential. Religion and marital issues are discussed only as requested by the officer. Associate Chaplains are to be Christian friends, who meet an officer's needs on a one-to-one basis by listening or referring to other resources as is appropriate for each situation. As requested, or deemed appropriate, Associate Chaplains provide spiritual guidance and emotional care in times of crisis, and such physical help as he/she is equipped to provide on an emergency basis. Associate Chaplains are not intended to replace an individual's own clergy.

To speak to an Associate Chaplain, please identify the one for your area using the map at

http://ilfop.org/Portals/0/Documents/Benefits/Areas%20of%20Coverage_Map_2016.pdf.

Or, to request that an Associate Chaplain call you, please contact the State Lodge at statelodge@ilfop.org or (217) 726-8880.